## Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs

Contact

Do you have parenting questions or need advice?

**Birth to Five Helpline** 

Helps families with young children get free answers to their toughest parenting questions.

**Southwest Human Development** 1-877-705-KIDS (5437)

Are you a parent or caregiver looking for resources and support?

These home visitation programs give young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Bright Futures** 

(Countywide)

**Cochise County Collaboration Action Group** 

(Countywide)

Child & Family Resources Inc.

1-877-902-2269

First Things First (520)-378-3280

Do you need to keep you or your child safe and well?

**Health & Nutrition** 

(Countywide)

Improves the health and nutrition of children 5 and younger and their families.

**Oral Health** 

(Countywide)

Improves the oral health of children 5 and younger.

**U** of A Cooperative Extension

(520)-458-8278

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Are you seeking quality child care for your infant or toddler?

**Quality First Child Care Scholarships** 

Valley of the Sun United Way 1-866-973-0012

http://www.azftfscholarships.org

First Things First Cochise Regional Partnership Council For more information contact:

Melissa Avant, Regional Director at mavant@azftf.gov

**Serving all of Cochise County**